



46th ANNUAL
CLARENCE DEMAR MARATHON and 10th HALF MARATHON

RACE WEEKEND SCHEDULE

FRIDAY – SEPTEMBER 27, 2024

4:00 pm – 7:00 pm

Bib / Packet Pickup for Full Marathon and Half Marathon:

Location: Ted’s Shoe & Sport, 115 Main St., Keene, NH

SATURDAY – SEPTEMBER 28, 2024

12:00 p.m. – 5:00 pm

Bib / Packet Pickup for Full Marathon and Half Marathon:

Location: Keene State College, Inside of Spaulding Gym

5:00 pm – 5:15 pm

Arrive

Pre-Race Pasta Dinner:

Location: **Monadnock Covenant Church**

90 Base Hill Rd., Keene, NH 03431

***You must have pre-registered on-line in order to attend**

- \$30 per person

5:15 pm – 6:30 pm

Welcome and Program

Program – Keynote speaker: **Bobbi Gibb** - Recognized as the first woman to finish the Boston Marathon

6:30 pm

Dinner Served

Menu: Pasta, meat and vegetarian sauce options, salad, rolls, desert

SUNDAY – SEPTEMBER 29, 2024

FULL: 5:00 am – 5:45 am

HALF: 6:00 am – 7:00 am

Bib/Packet Pickup – for Full Marathon and Half Marathon:

Location: – Keene State College (KSC), Inside Spaulding Gym

Parking for shuttles to the starting area in **Gilsum and Surry** will be in any of the Keene State College lots.

Please **do not** park in a lot reserved for residential students, a fire lane, a lawn, or a handicapped space without a permit as you will be fined and/or possibly towed at the owner’s expense.

Available Lots:

- ✚ Off Wyman Way and Main St.
- ✚ Spaulding Gym - 100 Wyman Way
- ✚ Elliott Lot – 39 Wyman Way
- ✚ Visitors’ Lot – Adjoining Campus Safety
- ✚ Off Winchester St. and Madison St.
- ✚ Commuter Lot -24 Madison St.
- ✚ Science Lot – 97 Blake St.
- ✚ Winchester St. Lot – 322 Winchester St. (Near Wal-Mart and McDonalds)



SUNDAY – SEPTEMBER 29, 2024

5:15 am Buses begin leaving

5:45 am LAST BUS FULL RACE

6:30 am Buses begin leaving

7:00 am LAST BUS HALF RACE

7:00 am SHARP

8:00 am SHARP

10:30 am

12:00 Noon

1:00 pm

Shuttles Full Marathon – Gilsum NH:

Buses will leave when full from Spaulding Gym

Shuttles Half Marathon – Surry, NH:

Buses will leave when full from Spaulding Gym

FULL MARATHON STARTS

Runners must be at Gilsum Elementary School by NO LATER THAN 6:20 am - You will be directed to the start line which is about a 5 minute walk to Main St.

YOU MUST PICK UP YOUR BIB IN KEENE PRIOR TO ARRIVAL

Gilsum Elementary School address:

Route 10, Gilsum, NH. Watch for DeMar sign on left.

HALF MARATHON STARTS at Surry Mtn. Beach.

Runners must be at the start NO LATER THAN 7:30 am

YOU MUST PICK UP YOUR BIB IN KEENE PRIOR TO ARRIVAL

Surry Mtn. Beach address: Route 12A, Surry, NH

Awards ceremony and details for Half Marathon & Full Marathon:

Formal presentation to 1st place male and female finishers for both events in the quad, near the finish line between 10:30 a.m. and 11:00 am.

Real time finish times available online at:

<https://www.reeventproductions.com/>

If you place 1st or 2nd in your category, pick up your award at the Awards tent.

First Shuttle for Half Marathon back to Surry from KSC:

Bus pick-up is on the corner of Madison St. and Blake St. behind the Student Union.

LAST and FINAL Shuttle for Half Marathon back to Surry from KSC:

Bus pick-up is on the corner of Madison St. and Blake St. behind the Student Union.

- **KSC-Spaulling Gym facilities: 8 am – 2 pm**
Showers and lockers available – you must bring your own lock. Gym will be available from
- **Facilities at start in Gilsum & Surry:** Port-A-Potties & Bag Drop Trailer. **Label your bag clearly w/your name, bib number and phone number. Bag tags are in your “Swag Bag”.**
Bags will be waiting for you in a trailer at the finish line.
- **Port-A-Potties:** Along course, approximately every 4 miles for the first half of the marathon course. Look for signs on the course “portable toilets ahead”. The last port-a-potty will be in the parking area by the bike path on Eastern Ave.
- **Water /Hydration stations: 15 for Full Marathon & 10 for the Half Marathon.** Lime flavored Gatorade and water provided. **No other fuel supplements provided**, i.e. GU or Hammer Gel. Look for signs on the course “water station ahead”.
- **Bag drop at the start of both races:** Look for the U-Haul and Bag Drop sign. Your bag will be waiting for you at the finish along Appian Way further down from the finish on your way to the Spaulling Gym. **Be sure to label your bag (bag tags are in your swag bag) with your name, bib number & phone number.**
- **Race photography:** Provided by Scott Hussey Photography. Proofs to be emailed within a week following race day.
- If dropping clothes on the course – **PLEASE DROP AT WATER STATIONS.**
- **Road Closures:** Please note that most roads on the course are NOT closed to traffic, **please use caution.** We have law enforcement and volunteers controlling every intersection, or any portion of the course which requires crossing the road.
- **Cyclists:** We will have support cyclists on the entire course (except the cemetery) with DeMar Volunteer shirts – should you need assistance, please flag them down.
- **Family or support viewing spots along the course for Full Marathon & Half Marathon:**
Plug in the address into your navigation system.
 - Surry Village Charter School, Rte. 12A, 11 Village Rd., Surry, NH (Full Only)
 - Keene Middle School, 167 Maple Ave, Keene, NH
 - Keene High School, 43 Arch St., Keene, NH (Full Only)
 - Fuller School, 422 Elm St., Keene, NH
 - Franklin School, 217 Washington St., Keene, NH 03431
 - Keene State College – Commuter parking lot off of Winchester St. Use address for the Pub Restaurant – 131 Winchester St Keene. Parking is across the street from the Pub.

*****For your safety and the safety of our runners, Surry Road from Gilsum to Surry as well as the Dam Road in Surry will be closed to through traffic*****



PROCEEDS FROM THIS RACE BENEFIT:

Keene Elm City Rotary Club's Projects:

~ **Follow ME "Move Everyday" sneaker project** - Over 600 new and free sneakers to 27 schools to promote exercise, healthy eating and the Kids DeMar

~ **Kids DeMar** – Kids between 1st and 5th grade log 25 miles of exercise over the summer and run the last 1.2 miles on DeMar race day

~ **Super Seniors DeMar** – Seniors, 70+ years young, log 25 miles of exercise over the summer and run/walk the last 1.2 miles on DeMar race day.

Ask our volunteers about our **other amazing projects** in the **Monadnock Region** and **Internationally** or visit www.ElmCityRotary.org or www.ClarenceDeMar.com.

Thank you for your participation in and support of our race!

Run Strong! Run Steady!



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KEENE STATE COLLEGE MAP

