



Clarence DeMar Marathon and DeMar Half Marathon

Race Day Cancellation, Schedule Adjustments, Modification and Weather Policy

It is the primary goal of the Clarence DeMar Marathon and DeMar Half Marathon to ensure a safe event for all participants, volunteers, spectators and our host community. We are fully aware of the tremendous commitment the participants have made to enter this event, however, the Race Director and the DeMar Medical Director reserve the right to cancel or to modify the race if deemed necessary to protect the participants, the spectators and/or our host community. But please note that decisions regarding race schedule adjustments and/or cancellation will be based on the larger community safety as well as the safety of all participants given our primary goal.

The Race Director, DeMar Medical Director and representatives from Keene Emergency Management Services will evaluate weather forecasts leading up to race day as well as conditions during the event and will make determinations on whether to alter the race schedule or to cancel the event due to extreme conditions.

Therefore, the Race Director and the DeMar Medical Director reserve the right to make such determinations before race day and/or during race day if needed. Weather forecasts will be monitored prior to the event paying special attention to the possibility of heavy rain, thunder & lightning and extreme heat & humidity. Any race schedule adjustments will be posted on the event web site, Face Book page and email communications to all registered runners.

On race day, race officials will monitor the weather immediately before and during the event and will decide if any action will be taken. In the event of cancellation during the event, communications will be made with all water/aid stations and efforts to provide transportation to the finish area from where you are on the course.

Extreme conditions not only risk the health and safety of our participants, volunteers, spectators and members of our host community, but they also place a burden on the community's health care system, including emergency medical transportation and emergency room capacity. Clarence DeMar officials will not knowingly place the community in any position that will place a greater burden on overall community safety. Therefore, extreme conditions may serve as the basis for race time adjustments and/or cancellation of the event. Extreme weather conditions that will be evaluated include but are not limited to:

- Thunderstorms or lightning
- Extreme heat and/or humidity
- High winds
- Heavy rain



Regarding extreme heat and humidity specifically, the Clarence DeMar Marathon has adopted the WBGT (Wet-Bulb Globe Temperature) index as its standard. High heat and humidity, as measured in accordance with the American College of Sports Medicine recommendations for participation in endurance events, could result in cancellation of the event. WBGT is considered “the most practical heat stress index characterizing the effects of a heat stress environment on the individual.”

Every other water station on the course will have a colored sign communicating the heat risk at that time. As conditions change, those signs will be changed to reflect the most current weather condition and relative risks to runners.

Heat Risk Chart			
Flag Color on Course	Level of Risk	Wet bulb Globe Temp	Comments
Green Sign	Low Risk	<64°F	Risk low
Yellow Sign	Moderate Risk	65° - 73°F	Risk level increases as event progresses
Red Sign	High Risk	74° - 81°F	Everyone should be aware of injury potential
Black Sign	Extreme Risk	>82°F	Consider delaying event until safer conditions prevail

*Wet bulb Globe Temperature is a measure of the heat stress in direct sunlight, which takes into account: temperature, humidity, wind speed, sun angle and cloud cover (solar radiation). A WBGT device is a measurement tool used to measure the above affects to monitor environmental conditions during exercise.

DO NOT CONFUSE WBGT TEMPS WITH ONLY OUTDOOR TEMPATURE!



Extreme conditions will be recognized as unforeseeable and uncontrollable events. Therefore, **in the event of alteration to race schedule and/or cancellation of the event, there will be no refunds or credits to future events.** The planning and staging of the race require considerable up-front expenses regardless of whether or not the race is completed, cancelled or modified. Therefore, refund and credits will not be given. We are a 501c3 not-for-profit organization and this event is a fundraiser to benefit the community service programs of the Keene Elm City Rotary Club. Therefore, we appreciated all participants understanding as to why refunds and/or credits will not be given.

Each participant assumes responsibility when entering an event with the potential risks that a marathon and half marathon present. All runners should be discerning of their own fitness level in their decision to enter an endurance event. Furthermore, all runners are strongly advised to cooperate with directives given by Clarence DeMar race officials and the DeMar Medical Director and to assist in ensuring the safety of their fellow participants, especially when conditions are less than ideal.

The purpose of the this policy is to have a plan in place for all adverse contingencies. However, it is our hope that we never have to put them into practice.

We hope you fully enjoy your DeMar experience!