

# DAVE MCGILLIVRAY

MOTIVATIONAL SPEAKER



## Title of Presentation: "Defining Moments"

**DESCRIPTION:** Dave McGillivray translates his extraordinary life journeys and athletic achievements into life lessons which leave each audience wanting more. For 35 years and over 1,800 appearances, McGillivray has inspired and motivated audiences in nearly every major US city and has traveled abroad to various countries including Canada, Denmark, England, France, Poland, Sweden, in addition to Bermuda and the Caribbean.

Everyone has a story to tell. For Dave McGillivray, it was his strong desire to be an athlete that led him to run across the country at age 23...the year was 1978. The finish of that run led to the start of countless other journeys and challenges. McGillivray is unique in that he is both an accomplished athlete and an accomplished businessman. He knows what it takes to complete an endurance event and also the painstaking detail and management that go into a successfully run event, from a 40,000 person marathon to a 500 person charity walk.

That 80-day trek across the United States led to a life of pushing himself both mentally and physically.  
(visit: [www.dmsesports.com/images/1978Run/index.htm](http://www.dmsesports.com/images/1978Run/index.htm))

McGillivray is now Race Director of the B.A.A. Boston Marathon and has directed many of the countries most prestigious races such as the 2004 and 2008 US Women's Olympic Marathon Trials, the 1990 ITU Triathlon World Championship, the TD Beach to Beacon 10K, the New Balance Falmouth Road Race and numerous other races. He addresses audiences with a motivational account which is not about running...it's about what's possible if you believe in yourself and your own ability to do the seemingly insurmountable.

McGillivray recently competed in his 9th Hawaii Ironman Triathlon World Championship and was featured on NBC Sports.



**Dave McGillivray has inspired thousands of people, of all ages and backgrounds, to be their best and to pursue their dreams.**

### Tynesborough Elementary School – Tynesborough, MA

**Comments:** On Friday afternoon, our Upper Elementary School students and staff had the opportunity to listen to a powerful and inspirational presentation from Dave McGillivray. Mr. McGillivray is the race director of the Boston Marathon, a philanthropist who has raised millions of dollars for causes close to his heart, a Hall of Fame athlete who has participated in countless endurance events and logged over 150,000 miles of running, an author of the book, *The Last Pick*, and an amazing inspirational speaker. During his presentation, Mr. McGillivray illustrated the many ways he incorporates the STRIPES core values into his daily life. He spoke to the students about never letting anyone tell them that they can't do something that they want to do, setting goals for themselves and working hard to reach those goals, and to never, ever give up on reaching their goals and dreams. ["My greatest accomplishment is my next one!"]. Every student and staff member

walked away from that presentation inspired and believing they could do anything they put their heart and mind to. Thank you, Mr. McGillivray...it was an honor and pleasure to have you at TES!  
*Scott Middlemiss, Associate Principal, Grades 3-5*

### Teva Shoes – Los Angeles, CA

**Comments:** I've received lots of great unsolicited feedback today. Your message came through loud and clear, and was relevant to everyone.  
*Peter Worley, President.*

### Fidelity House Human Services – Lawrence, MA

**Comments:** I try to find speakers for our annual meeting that will be a bit of a gift to our employees - with something thought provoking and uplifting to share with them. You were perfect!  
*Yvonne Allard, Executive Director.*

### Harvard Pilgrim Health Care – Wellesley, MA

**Comments:** I am depleted of superlatives before I even begin! You gave a powerful keynote presentation yesterday. I know it came from your heart, commitment and passion for what you believe and for what you do day in and day out! You gave each of us much to think about professionally and personally on how we view our lives and how we live our lives. It might sound like a cliché, but it is not — your presence was a present to us. With appreciation and heart felt thanks!  
*Joan Levine, Marketing Department*

### Run Walk Ride Fundraising Council – NY

**Comments:** I took some time yesterday to read through all of the conference evaluations and one message came through loud and clear: Your opening presentation was a huge hit. People were inspired by your story and charmed by your presentation.  
*David Hessekiel, President*

### National Association of Regulatory Administration – MA

**Comments:** In my long career in the early childhood and human services field, I have attended many, many opening sessions. But I have NEVER attended one like yours. I was glued to every word you said. I don't know you personally, but the world is clearly a better place with you in it. And it appears you are raising children that will inspire the next generation. I have an amazing 14 year old daughter who I know will do the same  
*Michelle Thomas, Senior Policy Advisor, TCC Software Solutions*

### MESSAGES:

A sample of the motivational messages McGillivray delivers to his audiences include:

- ▶ “The worst injustice you could ever do to yourself is to underestimate your own ability.”
- ▶ “It’s my game, so it’s my rules.”
- ▶ “Always set goals, not limits.”
- ▶ “I have learned that we should always live our dreams and that people who say it cannot be should not interrupt those who are doing it.”
- ▶ “When you give of yourself, you receive even more in return.”
- ▶ “You can do almost anything you want in life, as long as you are willing to accept the sacrifices involved in getting there.”



## A Sample of some previous appearances:

Over the past 35 years Dave has spoken at annual sales meetings, colleges and universities, libraries, non-profit groups and more. The list includes all sizes of companies and groups from Fortune 500 companies to healthcare organizations to acting as key note speaker for athletic events and professional organizations to being the Commencement Speaker at numerous colleges, universities and high schools.

- ▶ American College of Sports Medicine
- ▶ Blue Cross/Blue Shield, Massachusetts
- ▶ Austin Preparatory School
- ▶ Breakfast (Business) Club of America: Orlando, Tampa, Charlotte, Columbia, Greenville, Phoenix
- ▶ Eascorp
- ▶ Easter Seal Society
- ▶ Johnston and Johnston
- ▶ Junior Catholic Daughters of America Association
- ▶ Harvard Business School
- ▶ Hopkinton, MA Library
- ▶ IBM
- ▶ Merrimack College
- ▶ Maine Medical Association
- ▶ New England Banking
- ▶ New England Health Racquet & Sports Clubs Association
- ▶ New York Life Insurance Company
- ▶ Paul Pratt Memorial Library, Cohasset, MA
- ▶ Raytheon Corporation
- ▶ Salem State College
- ▶ Smaller Business Association of New England
- ▶ State Street Research and Management
- ▶ Teva Shoes – Los Angeles, CA
- ▶ The Education Foundation of Palm Beach County
- ▶ University of California
- ▶ Walpole State Prison
- ▶ Wellington Management Company

FOR FURTHER INFORMATION CONTACT:  
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**DMSESPORTS**  
DAVE MCGILLIVRAY SPORTS ENTERPRISES